

Where to begin? My life here at Attica Correctional Facility hangs in the balance! For how much longer I do not know. Every day I wake up wondering if today will be my last. If today will be the day the CO's finally do what they've been threatening to do to me and take my life or if my body will give up its struggle to go on for a lack of any real nutrition. I arrived here at Attica on Nov. 17, 2017 to a barrage of threats and whispered curses in my ears. Threats to take my life in revenge and retaliation for not only the escape from Clinton, all the changes from the escape and all the CO's and Administration who got fired from there, but for all of their friends and Family who were fired and/or arrested and charged with crimes here at Attica! CO's and Employees who were caught on camera's committing unspeakable acts against prisoners. Camera's that were put in this facility after my escape. Camera's that I'm being blamed for and thus blamed for the loss of their Friends and Family's jobs! The camera's were coming any way and any one with a brain knows why! Attica is still Attica! The threats and harassment were and are a constant never ending tirade from multitudes of CO's and continue on a daily bases! Why the supposed Hunger Strike? On Nov. 23, 2017, several CO's threatened to poison and tamper with my food. Food these same CO's who made the threats and threatened to take my life deliver to my cell in trays that they some times prepare and are unsealed I know what your thinking, would CO's really poison someone? Well heres a question for you, Would CO's really beat someone to death? The answer of course is Yes! Now ask your self, with crappy camera's watching, which is easier to pull off? Not to mention I've seen first hand CO's spit, spray and pour chemical cleaners in Prisoners Food, CO's urinate in prisoners coffee and one CO wipe his rear end with toilet tissue and then wipe that on a prisoner's salesbunny steak before taking that tray to the prisoner! And these were prisoners the CO's didn't hate like they do me here nor CO's with such horrific mentalities. So I did the only thing I could do, the thing I thought I would never do in my life, I stopped eating. I stopped taking trays of food! It's now been over 4 months without eating the food they serve and surviving on a liquid nutrition given to me by medical personnel and visit food from my fiancee twice a week as both my physical and mental health deteriorate far beyond the normal rate suffered by those of us in Solitary Confinement. I've been Assulted by a Sergeant and CO's, denied medical treatment durning a medical emergency, had water poured through my vent from the cotwalk soaking my floor, property and reading materials, denied pen and paper to write for help or Grievances while in medical's isolation, subjected to sleep deprivation - a form of torture, my friends and Family harassed when they come for visits, my fiancee given a false drug scan to deny her visits and calling CPS

against her, giving false accusations threatening our daughters freedoms with her mother and so so so much more! And where were and are all the Authorities thru out all of this? Showing complete wilful and deliberate indifference and/or covering it all up! Is this part of their revenge and retaliation? Their get back for the massive amount of embarrassment and work I caused them? Escaping from Clinton didn't just expose the corruption in Clinton, it exposed the lack of any real oversight by those in charge e.g. Office of Special Investigations (OSI), The Inspector Generals Office (IG) and The Department of Corrections and Community Services On a whole! These same individuals charged with my safety and security. The same ones who have not only ignored mine and my families plea's, but are wilfully allowing it! On Nov. 24th after my fiancee called about the threats, the head of OSI's western district came. Convinced~~s~~ called in IG and after explaining every thing and that I needed to be moved, told me Attica was the safest prison in New York! That they work closely with the Attica Administration! Said they'd investigate and be back in two days. They didn't come back! OSI then comes on the 30th of Nov. because I hadn't eaten in 7 days and the day after I was injured in my cell and then Assaulted! I explained every thing to them and this was the 2nd and 3rd in charge at OSI in Albany. Said they couldn't quite hear the COs threats which were just out of range of the cameras! They then convinced in IG and tell me they're not going to move me and that they would look in to the assault and denial of medical treatment that came with a comment from the nurse about Clinton and my escape! This same day and time while I'm speaking to OSI and IG while in a wheel chair and neck brace placed on me that morning after what happened the night before, which required x-rays, my Fiancee is being given a falsified Ion drug scan to deny her visit! Wouldn't want her to see me in a wheel chair and neck brace! So they leave and the Harassment and threats continue. The facility of course is more than aware of all of it as I spoke with First Dep Coveny back on the 29th of Nov who did my initial hunger strike interview per procedure and whos document has conveniently disappeared! Also spoke with the Superintendent J. Noeth on multiple occasions, even reporting one incident directly to him of a very loud barrage of threats from that very same day which couldn't be denied as not being heard on audio, but why deny the audio when you can deny the incident! He also told me I could drink the Jevity (liquid Nutrionce) for as long as I wanted, he didn't care and OSI told him they we're not going to move me. To say that many people have been reached out to and informed by my family, friends and myself is an understatement. It actually brought OSI back on Feb. 5th 2018. The Head Director of the Western District again! Only to call my fiancee a liar, say she was over exaggerating which is an admission of what's going on in its self, keep telling me to "Put my Pendan" (as we all know the pen is mightier than the sword as they've shown by manipulating the information they give to the media!) stating I could rest assure

they'd investigate because there was "out side" people paying attention now, defended the CO's who falsified the drug scan and the calling of CPS, which our daughter wasn't even here that day and All accusation were proven false, and he tried to talk me out of pushing the investigation saying I'd just be stirring the BeeHive and making things worse! How could they be much worse! I can't even eat! They were suppose to be back two weeks later and of course never came and still haven't heard any thing from them though my family, friends and I continue to reach out to them and many others as things still continue here and in some instances have grown much worse as their constantly finding new ways of harassment and threats. I've done every thing to limit any opportunities for them to do any thing to me, even taken bird baths to avoid them having to take me out of my cell to the shower. I don't know how much longer I can or will be able to survive like this. The legal paper work and Grievances show little of what has been going on, but its all I've got and what is the point of continuing to write the same things up when they just keep covering it all up. And most of my Grievances are me trying to protect my family when they come for visits as I already know they're not going to investigate the threats on my life by COs and the microphones are cheap crap. So unless they're loud and boisterous it'll never pick it up and the COs aren't exactly stupid. Half the time they're tossing my mail out coming and going. Their latest act against me. Twisting a situation to conform to their own interests! They've finally done part of what they've been threatening to do! They've taken my visits with my Fiancee for Months! Wrote a misbehavior report lying and saying I was rubbing my penis on a visit and that my fiancee was rubbing my penis on a visit! Then exaggerated further, telling the press that I was masterbating and made it sound like my fiancee was pleasuring me with her hand! They took a situation of me needing to use the bathroom out of it's context to take my visits and discredit me because they knew about this legal packet too and are pissed. The entire alleged incident was less than 30 seconds of Video! It shows me after eating a ton of food and drinking "four" 20 oz bottles of tea needing to seriously use the bathroom, opening and closing my legs like any one needing to use the bathroom and several times squeezing my self just for a second just as you see kids or adults who really have to pee! Then you see me look to the left where a window is and then stand up with my fiancee's hand in mine to look over her to where the CO is suppose to be and immediately sit back down! In the video it shows, and every by the Hearings Officer testimony, that theres about 1 second where there could possibly be contact that you can't see on camera. As soon as I sit down you see me adjust my self so I can cross my legs as an individual does who needs to use the bathroom and shake my head in discuss because theres no one around to take me! Since she had to leave soon any way to go get our daughter off the bus, I decided to just hold it. The incident doesn't even look close to what they told the media! No one came to end our visit or even give us a warning! One has to ask them selves why?

As this would be automatic and procedure. And heres the fix and how they pulled it off! The Sergeant who wrote the ticket I accused, and rightfully so, of covering up threats on my life by a CO. Two of his immediate subordinates and his immediate supervisor (LT. Meehan) I've wrote up for threats to take my visits. LT Meehan was the Review Officer for the ticket, insuring it got sent up the latter two days after the ticket was supposedly wrote, not the day of or even day after as should have been and the Sergeant (Rapini) who wrote the ticket couldn't remember on tape when he viewed the video, but was told about it at time of incident!? So the LT sends it up the latter to the superintendent who immediately suspends my fiancee with out viewing the tape and before the hearing finding me already guilty! Send the notice ~~of~~ to the Dep. of Security that I'm guilty and signs the Dep of Security to do my Hearing! So I'm guilty before my hearing even starts, but wait....it doesn't stop there! Hearing Officer who is now by Far Biased and unimpartial against law and procedures then starts his own semi investigation, adds evidence to the hearing to try and prove my fiancee's hand was through the open grate from her side, asks the Sergeant and CO questions and god only knows what he tells them and views videos, all before the Hearing and All illegal and against rules and procedures! And All on the Hearings auto by his own statements and actions! As he states theres one second of possible contact, he also states my pen's could be on the left or right depending on what side I put it meaning no matter what, that's where my fiancee's hand was and I'm guilty! Sgt Rapini's testimony was then that there was "At least 10 to 15 seconds" of contact! A massive difference and just shows their interest to lie and his lack of credibility in both his statement and misbehavior report! I doesn't matter if I beat it and/or prove my innocence on appeal, (which I plan on doing) because the damage is already done! I've already lost my visits with my fiancee for months and it'll take months to go through the Appeal process, I'll already have been labeled by the press which they were quick to contact. And one should question why they did that?! Today's the 23rd a Friday, my decision was done on the 20th and already some one from the press was here this morning to see me about the ticket and loss of visits with my fiancee! I've never in my life seen such abuses of power and authority unless of course I was watching the History Chanel about World War II and the Nazi's! And Seriously summarizing and cutting short a lot of it! I was asked today what ~~this~~ this has all been like. Surreal was my answer, in part. Something so far out of belief for me I sometimes can't believe its happening to me or to my family! But it is and I feel like I'm slowly dying because of it. My body is cannibalizing its self to survive where the man mad nutriment supplement

fails to provide what's needed. My mind isn't as sharp as it was and I've noticed my speech and thoughts during conversation have deteriorated. My visits were my sanity and my survival. They knew this and that's why they took them. The massive amount of food, proteins and calories I consumed could carry me days along with the supplement and the interaction with my fiancee and daughter were life itself! I'll struggle on as long as I can because my love for them dictates it, but when is enough is enough. It's already been allowed to go way too far. And to serve what purpose if not for revenge and retaliation. The simplest of solution for which my fiancee and I have been pleading is to just be relocated to another facility where at a minimum I can at least eat food that's safe. An action that's done on a daily basis with hundreds of prisoners and had I been any one, but David Sweat, I would have been moved a long time ago. If you haven't read through the documents I encourage you to do so and take your time, there's a bit there and I've tried to help with notes where I could and you'll see the truth in it. I'll go for now and hope that me writing and exposing all of this will somehow stop the insanity and hopefully save my life before it's too late, before they fulfill their threats to kill me and before there's too much irreparable damage done to my organs from the lack of any real food or nutrition. I thank you for your time, Take Care.

Sincerely
David Sweat